



Important Dates

TRYOUTS – FEB 3RD – 12:00

IMPORTANT DATES

1ST PAYMENT DUE – FEB 9TH (\$200)

UCA CAMP – JUNE 5TH – 8TH

AUBURN UNIVERSITY

SIZING – FEB 15TH 2:00

PHYSICALS – MAY 9TH

HORNET CHEER CLINIC – AUGUST 1-3





CHEERLEADER CONSTITUTION

and Tryout Information



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Purpose of Cheerleading

The purpose of being a Beauregard High School cheerleader is to set examples of honorable character, to promote good sportsmanship and school spirit, to build lasting relations with the community, to form positive relationships with other schools, to promote spectator participation in all athletic events, and ultimately, to portray Beauregard High School in the best possible image.

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REQUIREMENTS (Eligibility)

- A. State Requirements
- B. School Requirements



Statement of Equal Opportunity

It is the policy of the Lee County Board of Education not to discriminate on the basis of gender, disability, religion, creed, national origin, ethnic background, or age in its educational programs, activities or employment policies as required by Federal Regulations.



State Requirements

- Each candidate must submit a birth certificate to be copied and kept on file at the school. The birth certificate must be a certified copy with a required seal.
- Each candidate is required to have a current physical examination. A record of the exam must be uploaded to athlete's Dragonfly account and kept on file in the main office.



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State Requirements continued

- Candidates must pass six (6) Carnegie units per year; four (4) of which are core courses such as science, history, English, and math.
- Each candidate must have and maintain an overall C (70) average.



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School Requirements

- Any student entering grades nine through twelve is eligible to be a candidate for junior varsity cheerleader and/or varsity competition squad.
- Any student entering grades ten through twelve is eligible to be a candidate for varsity cheerleader.
- Each candidate must be enrolled at Beauregard High School (or Sanford Middle School) at least one full semester prior to the school year that she/he wishes to cheer.
- Each candidate and a parent or legal guardian must attend a **mandatory** meeting prior to tryouts.



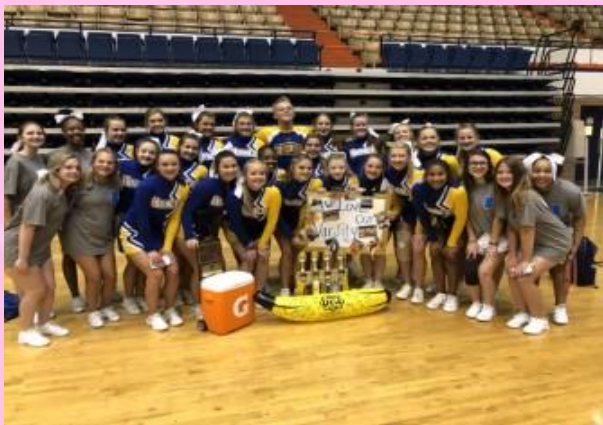
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RESPONSIBILITIES

A. Cheerleader Responsibilities

B. Coach Responsibilities



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A. CHEERLEADER RESPONSIBILITIES

A. Physical Responsibilities

B. Moral Responsibilities

C. Financial Responsibilities



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PHYSICAL RESPONSIBILITIES

A cheerleader must be physically fit and understand the physical challenges associated with cheering.

- If a cheerleader repeatedly complains about a physical problem that interferes with her/his cheering duties, the coach or the administration has the right to require that person see a doctor. She/He may also be suspended from her/his cheering duties until the coach has been presented with a doctor's excuse/release.





PHYSICAL RESPONSIBILITIES continued



- If a cheerleader becomes engaged, married, or pregnant during any cheering year, duties must be relinquished immediately.

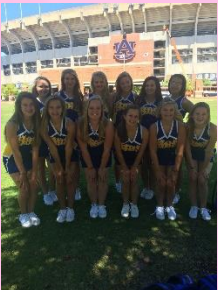


MORAL RESPONSIBILITIES

Cheerleaders should be a select and respected group. With this, cheerleaders should realize they represent Beauregard High School at all times.



- Cheerleaders will use proper conduct and should be dressed appropriately at all times, not just when they are in uniform.
- Cheerleaders will treat other squad members and the coaches with respect at all times.



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MORAL RESPONSIBILITIES

continued

- The World Wide Web is a public domain; therefore, any inappropriate behavior, improper attitude, or unsuitable comments displayed on the internet or any social networking site will not be tolerated. Pictures and videos displaying inappropriate behavior of cheerleaders will not be tolerated and could possibly be grounds for dismissal.



MORAL RESPONSIBILITIES

continued

A cheerleader's conduct in the classroom should be the noble example that others follow.

Disrespecting teachers, lying to school officials, engaging in academic dishonesty, using foul language, etc. will not be tolerated.



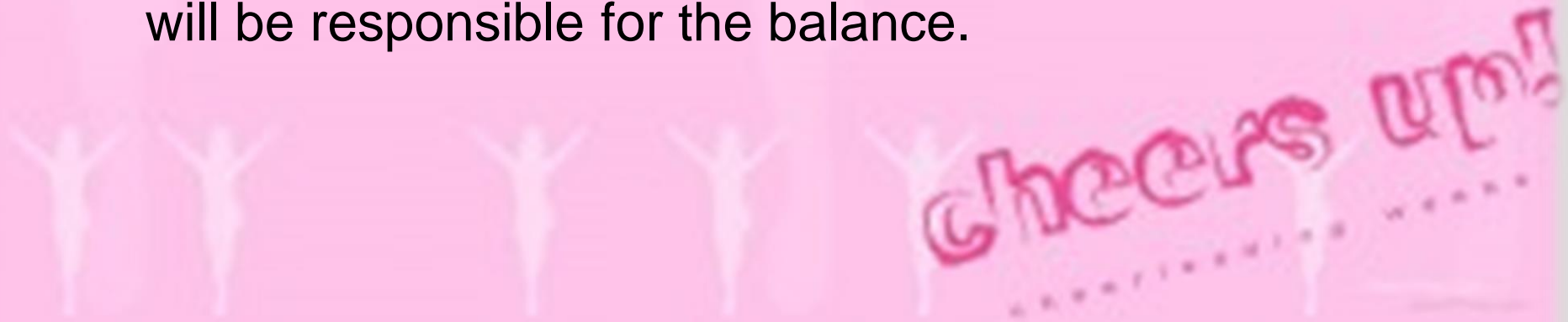
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FINANCIAL RESPONSIBILITIES

A cheerleader must be financially able to be a cheerleader.

- The cheerleader must purchase such things as shoes (worn only to cheering events), socks, shorts, shirts, warm-up suits, leggings, sweatshirts, pullovers, gloves, and jackets.
- A fundraising amount of \$300.00 will be required of each cheerleader for needed supplies. If a cheerleader cannot fundraise the \$300.00, he or she will be responsible for the balance.



FINANCIAL RESPONSIBILITIES continued



- All varsity cheerleaders will attend summer camp and will be expected to purchase matching camp outfits.
- The cheerleader is responsible for any damages or repairs that occur to any part of the uniform.
- **Any payment for cheerleading expenses must be paid by the deadlines set by the coaches, or demerits will be received.**



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TRADITIONAL RESPONSIBILITIES



An elected cheerleader is considered a cheerleader until annual tryouts select a new squad.

- If a cheerleader quits or is removed from the squad, he or she must return all uniforms immediately, and any clothing, awards, etc. will not be given. The cheerleader also forfeits the opportunity to try out the following year and will have 20 points deducted from his or her final score on the next tryouts opportunity.
- Cheerleading must take priority over all other activities.



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TRADITIONAL RESPONSIBILITIES



- All cheerleaders will wear the designated uniforms to school on the day of the games.
- During basketball season, cheerleaders will cheer for all home varsity games.
- Varsity cheerleaders will sell weekly spirit ribbons at the elementary school.
- Junior varsity cheerleaders will sell programs at assigned varsity home football games.



TRADITIONAL RESPONSIBILITIES continued



- All practices (including in-school) are mandatory. Any absence requires a doctor's excuse or prior excuse from the coach.
- Cheerleaders should display good sportsmanship and enthusiastic attitudes at all times.



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TRADITIONAL RESPONSIBILITIES continued

- Cheerleaders are required to support half-time performances of both school bands and to host the visiting cheerleaders in hospitality room.
- The squad must do everything as a unit.
- Friends and family members are not to talk to a cheerleader during cheering duties unless permission is granted by the coach.
- Regardless of the weather, a cheerleader will cheer. If the game has not been postponed by the AHSAA referees, the squads will remain on the field.



TRADITIONAL RESPONSIBILITIES continued

- Each varsity cheerleader and the coaches will vote on who will be captain and co-captain.
 - The captain must be a senior and have 1 year's experience on the varsity team.
 - The co-captain must have 1 year's experience on the varsity team.



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B. COACH RESPONSIBILITIES



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COACHES' RESPONSIBILITIES

The coaches will revise rules and regulations to insure adherence to the Lee County Code of Conduct and Attendance National Federation of State High School Associations SPIRIT Rules book, local school handbook and the cheer constitution.

- The coach and/or administration will be responsible for:
- Discipline of the cheerleaders at all performances and daily practices.
- Plan and conduct clinics with principal's approval.



COACHES

RESPONSIBILITIES

- The coaches will oversee all practice sessions, arrange necessary transportation, monitor selection of captain and co-captain (Varsity squad only), receipt and manage cheerleader funds, and obtain principal's approval for all uniforms and outfits used by cheerleader squads.
- The coaches will maintain certification in first-aid techniques and emergency procedures.



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Transportation

It is the policy of Lee County Schools that all athletes are provided transportation to and from athletic events by a team bus. Those not arriving on time to ride the bus may be left and will be subject to disciplinary actions. If you believe that you have a legitimate request to transport your child you must complete the Beauregard High School Athletic Department permission form and submit it to the following for evaluation: Mrs. Edwards (Head Coach), Coach Hughes (Athletic Director), and Mr. Brown (Principal). This form must be submitted with your request a minimum of three school days prior to the event.



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RULES AND REGULATIONS

All Beauregard High School Athletes must comply with the rules and regulations set forth by NFHS (National Federation of State High School Associations).



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RULES AND REGULATIONS

The following “No’s of Cheerleading” are derived from the NFHS Spirit Handbook:

1. **No** jewelry.
2. **No** primping on the field/court.
3. **No** excessive makeup.
4. **No** gum, candy, food, etc.
5. **No** hairstyle should interfere with cheering duties.
6. **No** long fingernails or colored polish.
7. **No** exposed undergarments.
8. **No** hard glitter.



DEMERITS OR GRADING SYSTEM

Cheerleading is a class and should be treated as such. All cheerleaders are required to be in the 4th block period classes for planning and practice.

Grades will be based on the following percentages:

Participation-70%

Demerits-30%

100 Demerits = DISMISSAL FROM SQUAD, Forfeiture of participation in the next year's tryouts, 20 points deducted from final score the next tryouts opportunity.

50 Demerits = SUSPENSION OF ONE GAME, 15 points deducted from final score the next tryouts opportunity

DEMERITS OR GRADING SYSTEM

10 points or demerits:

- a. Gum chewing
- b. Tardiness to practice
- c. Wearing jewelry, too much make-up, or long nails
- d. Inappropriate dress at school
- e. Tardiness to cheer line up after half-time
- f. Out of uniform (bows, wrong color brief, soiled or wrinkled uniform) or uniforms with tears
- g. Failure to have a ride from practices and events after dismissal
- h. Failure to perform game duties.
- i. Showing lack of enthusiasm during game: lack of positive facial expression, not saying words to cheers, and overall lack of spirit.
- j. Deadlines – This will be 10 points per day that the cheerleader goes beyond any deadline set by coaches

DEMERITS OR GRADING SYSTEM

25 points or demerits:

- a. Tardiness to a game or appearance
- b. Profanity or improper language
- c. Cell phone use during cheering duties
- d. Allowing a non-squad member to wear any BHS cheerleading attire
- e. Allowing friends and family members to interfere with cheering duties
- f. Academic dishonesty
- g. Arguing with other squad members, using profanity toward any member, failing to cooperate with the group
- h. Missing transportation to an away game, but making it to the game

DEMERITS OR GRADING SYSTEM

50 points or demerits: (50 demerits=1 game suspension & 15 points deducted from tryout score)

- a. Wearing the wrong uniform or absence of any major piece of the uniform to school or athletic event
- b. Misconduct - Public display of affection, vulgar language, inappropriate behavior, etc.
- c. Missing practices – If someone misses a scheduled practice, except in the case of an emergency, she/he will not be allowed to cheer for the pep rally or scheduled game; however, she/he must still be present for both. This includes summer and in-school practices.
- d. Arguing with coaches, failing to cooperate with the coaches, disrespecting the coaches
- e. Misbehavior/misconduct at school or any school sponsored function
- f. Lying or displaying any act of disrespect toward any school official, coaches, or teachers

DEMERITS OR GRADING SYSTEM

**100 Demerits = DISMISSAL FROM SQUAD,
Forfeiture of participation in the next year's
tryouts, 20 points deducted from final score
the next tryouts opportunity.**

TECHNOLOGY/PICTURES

**(Snapchat/Facebook/Cell
Phones/Instagram/Twitter/TikTok etc.)**

***If ANY misconduct regarding any of these
rules is discovered in paper, electronic,
and/or video forms, the cheerleader will be
automatically dismissed!!!!***

DEMERITS OR GRADING SYSTEM

100 points or demerits:

- a. Smoking tobacco and/or Vaping
- b. Drinking alcohol
- c. Engaging in illegal sexual acts
- d. Fighting
- e. Vandalizing property
- f. Using drugs
- g. Being suspended for major school offenses
- h. Insubordination
- i. Missing a game for any reason deemed **unexcused** by the coach.



TRYOUT PROCEDURES



Tryout Procedures

Judges Selection

- The head cheerleader coach will be responsible for hiring UCA judges for the tryouts.

Clinic

- A mandatory clinic will be held prior to tryouts. Candidates will be given the opportunity to learn the necessary tryout material.

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Tryout Procedures

Tabulation of Scores

- Scores will be tabulated from the following: 3 UCA judges (50%), teachers (20%) and coaches (30%).
- **Tryout scores are property of Beauregard High School and are not public information.**

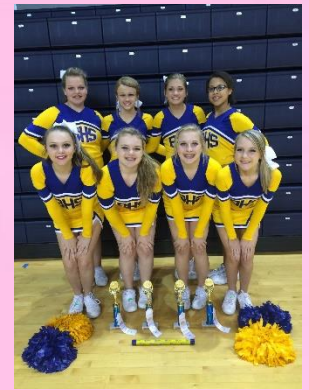


Tryout Procedures

Tryout Attire

- Candidates must purchase the required tryout shirt from the school and be responsible for acquiring specified shorts.

- Tryouts will be open to parents or legal guardians only! No Cell phones will be allowed!



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Tryout Procedures

Announcement of Results

- The results of tryouts will be given to the candidates after tabulation. Each candidate will receive a sealed envelope with a letter stating whether or not the candidate made the necessary score for placement on one of the squads. This envelope **MUST** be signed for in order to be received. Candidates will be directed to open their envelopes after they leave the tryout area.

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